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It’s National Careers in Student Affairs Month!



Are you having fun at work? (I’ve probably lost some of you already – sorry). Fun at work. Do you consider that statement an oxymoron? I ask because October is National Careers in Student Affairs Month. I believe most student affairs professionals are excited to share what they know about the field and the possibilities available to eager undergraduates pondering the world of work after graduation. I also believe students exposed to happy, productive student affairs professionals who quite obviously enjoy their work, are more likely to become interested and enthusiastic about our profession. Although we don’t need a designated month to share what we enjoy our about our work – perhaps we could take some time this month to be more intentional in our efforts. Why not take a typical ice cream social and turn it into an informational opportunity for students who may be interested in the field? Better yet, how about calling a couple students in and invite them to apply for the SALT conference (Student Affairs Leaders of Tomorrow)

coming in November in conjunction with our regional conference? Our regional SALT conference is the “gold standard” in NASPA...the one copied by other regions and now a part of the national conference each year. We were the first and ours is still the best (I am completely and utterly shameless in support of SALT – I admit it). Do you have a particular student leader who has excelled during their time on your campus? One who has expressed interest in the field and who could probably do your job if you let them? (Every once in awhile there’s one...you know it’s true). How about honoring them with a nomination for the Catch a Rising Star Award for your state? (Check the NASPA web page for details).

The bottom line is this – we are in the unique position of watching young adults grow and develop over four years. We see them assume leadership positions, plan events, and build community. It may take 15 minutes to prepare a nomination for the catch a Rising Star award, or perhaps investing in a 20 minute conversation about the SALT conference, but the long term effects on that student could be life changing.

While you’re at it, might as well keep the momentum going. Check out all the awards on the NASPA web page to consider the opportunity to nominate a colleague for regional or national recognition. Fifteen minutes of your time, a couple of conversations with others who could help you with the nomination, and you have given a colleague affirmation of their professional abilities and the value they have at your institution. And I will give into the cliché here – whether your nominee is chosen or not, knowing your colleagues think highly enough of your work to put that effort into a nomination – that is amazing.

October is a beautiful month in New England. I hope you are able to take the time to enjoy the weather, the foliage, and the events happening on your campus. Help your students learn about the benefits of working in student affairs. I also hope you are enjoying your work – and if you aren’t – figure out why. I know for a fact that bringing a kazoo and some silly string to a staff meeting puts a whole new spin on things.

I hope to see you all in Manchester, New Hampshire in November for our regional conference. The conference

National Careers in Student Affairs Month (continued)...

committee has been hard at work preparing a fabulous professional development session with exceptional programs, speakers, and social networking opportunities.

Happy Careers in Student Affairs Month!

Nancy

Nancy Crimmin

Region I Vice President

Dean of Campus Life, Assumption College, ncrimmin@assumption.edu

Regional NUFP Representative Needed!

Region I Advisory Board is currently searching for a new **NUFP representative** – someone to take care of the nomination, selection and cultivation of our regional **NUFP fellows**. One unique aspect to the region, which is new this year, is that our **NUFP representative** will work closely with a new position on our advisory board, the **Undergraduate Liaison**. The **NUFP** and **UL** will collaborate throughout the year to develop educational opportunities for the **NUFP fellows** within the region. There is a lot of potential, and we would love to see it grow under the right leadership.



Here is a copy of the “official” position description:

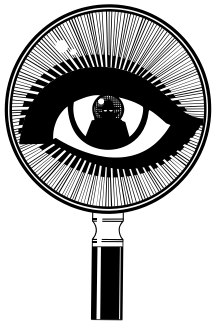
NASPA UNDERGRADUATE FELLOWS PROGRAM (NUFP) LIAISON

The NUFP liaison is in charge with insuring that the Region is informed about NUFP initiatives, selection and participation guidelines and fostering opportunities and recognition of NUFP Fellows.

RESPONSIBILITIES:

- Serve as link between the Region and the National NUFP Coordinator.
- Disseminate information about the program to the State Directors and other student affairs professionals (particularly SSAOs).
- Review applications for the region and forward them to the national coordinator according to the time line.
- Maintain contact with Fellows and Mentors.
- Collaborate with the Undergraduate Liaison for programming initiatives through the year.
- Serve as a resource for questions and concerns.
- Serve as a liaison with the National Coordinator.
- Seek professional and financial support and recognition for mentors.
- Highlight Fellows and Mentors in the regional newsletter.
- Submit activities report to RVP, three times per year.
- Attend Regional Advisory Board Meetings.
- Other duties as assigned by the Regional Vice President.

Please contact Nancy Crimmin for more information at ncrimmin@assumption.edu.



SSAO INTELLIGENCE

Welcome to the first installment of this new feature of the Newsletter. We have taken the time to develop the first question and ask for responses. Please feel free to submit any question you may have, and whether or not you wish for it to be anonymous, directly to Shawn De Veau, NASPA Region I SSAO Liaison, at shawn.deveau@merrimack.edu.

For our first month, we asked a group of esteemed colleagues the following question...

What is the one piece of advice you would give someone who aspires to be a Dean or Vice President?

“As a new professional, volunteer for as many projects and/or committees as you can! Working outside your department and area of expertise will not only provide a more rounded experience, but can also make a difference when it is time to apply for that next position.”

-Cheryl A. Barnard, Ph.D., Vice-President/Dean of Students, Saint Joseph College

“If you want to be an SSAO - ‘walk in the shoes of your colleague first.’ Learn as much as you can about all of the offices in a student affairs area...residence life, student conduct, student activities, counseling, community service, career service, disability services, academic advising, health services. Join associations, list servs, attend conferences and then think about how you would respond to issues that arise if you were the SSAO.”

-Barbara Fienman, Ph.D., Interim Administrator

“Grey, man...Grey! Black and white does not cut it...if you can't deal with shades of grey...you won't like the SSAO chair...”

-Dr. J. Lee Peters, Vice President for Student Affairs, University of Hartford

“I would encourage aspiring SSAOs to be on a duty rotation or on call rotation (whatever it is called at their campus) so that they are skilled in crisis response and talking to parents and managing a situation involving all areas of the college.”

-Donna Swartwout, Ph.D., Dean of Campus Life, Merrimack College

“One piece of advice is hard so this is a combo: Develop strong supervisory skills for some of the most important actions you will take are hiring and retaining good staff, know how to pick your battles, and be sure you can be comfortable with spending more time in meetings than in direct contact with students.”

-Nancy Stoll, Ph.D., Vice President for Student Affairs, Suffolk University

“Thinking about a new role as a dean or vice president? Here’s a simple test to determine if that career path is really right for you. When you read the Chronicle of Higher Education (each week I hope!), do you read all the articles, not just those related to your current work or assignment? Do you dig into all the sections: News, Opinions & Ideas, Facts & Figures, Faculty, Technology, Money and Management, Government and Politics, International? Do you read the special reports? Do you actually look forward to reviewing the Chronicle when it comes or do you chafe at the thought (and the number of pages)? Do you read it to find new ideas and data to inform your decisions or are you just relieved to get to the last page? Do you consider how you might apply what you learned from the articles? Can you imagine how the topics covered in each issue might impact others on campus, beyond you and your office?

If you answered these questions positively, that’s a good sign. It means you could have the interest, energy and vision needed to be a real campus leader. This week’s Chronicle is on its way to you. What will you do with it?”

-Dennis R. Black, J.D., Vice President of Student Affairs, University at Buffalo

Note: Vice President Black receives no commission on subscriptions to the Chronicle!

A Tale of Two Partnerships: Lessons Learned from Working with Faculty

By Peter Fowler, Assistant Dean of Students/Director of Student Leadership Programs
and Jim Levesque, Director of Student Life—Wentworth Institute of Technology

The Task Force on Envisioning the Future of Student Affairs indicates that student affairs professionals must partner with faculty to create learning environments and programs that meet the needs of students. Over the spring and summer of 2010, two mid-level student affairs professionals had the opportunity to participate in such partnership. One partnership included an associate professor of engineering and technology, while the other involved an assistant professor of English.

Example #1 by Peter Fowler, Assistant Dean of Students/Director of Student Leadership Programs. I was fortunate to have the opportunity to work throughout the summer as part of a working group that included a disabilities specialist, the director of training and development for technology services, and Professor Smart. Professor Smart teaches upper level courses in engineering technology and had noticed that the students in his senior design course were unable to effectively work with each other in their group project. Multiple examples of group conflict, control over the project, distrust among the members, and various other impediments stunting the group's cohesiveness were reviewed. The working group of professionals and Professor Smart decided to utilize a sophomore engineering course offered in the fall semester as the testing ground for a new approach to group work in an engineering technology course. Throughout the summer, we met with Professor Smart for 60 minutes each week to develop a self-assessment, identify group roles in an engineering group, and incorporate the concept of cooperative learning in the course. Additionally, we agreed that I would facilitate a class session to introduce the group roles and review basic information related to group decision-making. While the working group continues to meet to discuss this new approach and develop assessment, there are some lessons learned and tips for future partnerships.

Lessons learned:

Be patient. Professor Smart lives and breathes engineering, which he says is the process of identifying and researching a problem, developing a solution, testing it, and then making adjustments as needed. This is exactly how he approached our work group. We were his research and his office became the laboratory as we went back and forth about how to implement this new approach. When I thought we had come to a solution, a new variable was introduced. Realizing that not every faculty member we may partner with will be an engineer, the point is that we should be ready to adapt to their style and schedules. Faculty are much busier than I thought they were as a new professional. In addition to their teaching, there are committees, scholarly research, service, department commitments, search processes, etc... We know that our work is largely based upon "meeting students where they are at." The same is true for our faculty partnerships.

Promote the work that we do. Fortunately for me, Professor Smart gets it – for the most part. I think by virtue of my being in the room, he understands the role of student affairs and how we may contribute to student learning. But each week, I had 60 minutes with Professor Smart, and I was committed to furthering his awareness and understanding of student affairs, my office, or one of our leadership programs. So make the most of the time that you have.

Use the opportunity to lay the groundwork for future partnerships. Not only did I attempt to increase his knowledge, but I also tried to take away as much from him as I could. Not being especially knowledgeable about engineering, I asked as many questions as I could about the specific projects the students would be working on. I needed to better grasp his perspective (and it helped me learn a little bit more about our students). Additionally, I found that faculty members often talk about challenges or new initiatives that other faculty members are experiencing. Listen carefully to identify your next (or someone else's) opportunity to collaborate.

Example #2 by Jim Levesque. As the Director of Student Life, I have been a member of the Wentworth Student Experience Diversity Committee (SEDC) since its inception in 2007. The committee exists to promote dialogue, programming, and education to foster an inclusive campus community for students. In the summer of 2009 the SEDC charged me with creating a subcommittee to provide practical training and resources for faculty and staff to support the overall campus diversity climate.

Professor Marks from the Humanities Department responded to my invitation for a co-chair, and in our initial meeting we agreed the first step had to be a baseline needs assessment. What are faculty and staff witnessing on campus? Do
(continued)

A Tale of Two Partnerships (continued)...

they feel prepared to address issues? What do they need to foster an inclusive learning environment? Responses to these questions would provide us with a direction for our work.

Professor Marks and I spent the next couple months writing the survey. It launched in October and received a 24% completion rate from 575 faculty and staff. After reviewing the results we released an executive summary to all faculty and staff and scheduled a follow up, brown bag discussion for the entire community. At the start of the spring semester Professor Marks and I decided that our primary response to the survey would be to create a training workshop around fostering an inclusive learning environment (campus resources, responding to incidents, campus protocols, etc.). We spent the spring semester working with two other colleagues – one faculty, one staff – to build the workshop. Finding meeting times that were conducive to four schedules proved difficult, so our progress was modest. After a busy summer that demanded attention to other projects, Professor Marks and I finally reconvened just a week ago. We mapped out a plan to complete the workshop, and we are scheduled to launch it in October.

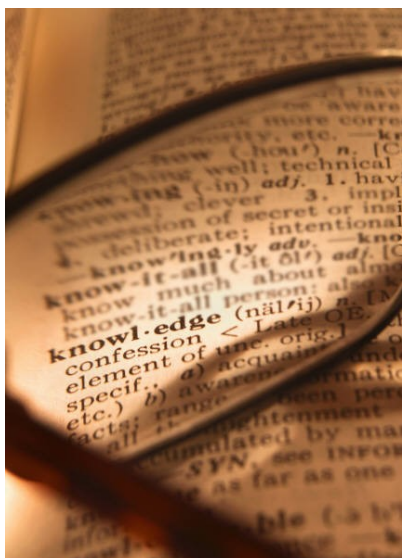
Lessons Learned:

Focus on shared values. Professor Marks and I differ significantly in our job functions on campus. We have dissimilar educational backgrounds and professional skill sets. But we share a passion for diversity and the experience of our students on campus. This shared value meant we didn't have to discuss *why* this work is important, which is often the first hurdle with a diversity initiative. Instead we jumped in and discussed *how* we could create a more inclusive campus environment. Professor Marks offered me anecdotes from his time in the class, and I shared stories from living in the residence halls and coordinating student leader trainings. Our opinions differed on how we approach the work, but we always felt common ground in our core values. It may seem like faculty and administrators work in separate worlds, but finding a colleague who shares your interests/passions is a natural invitation to a working relationship.

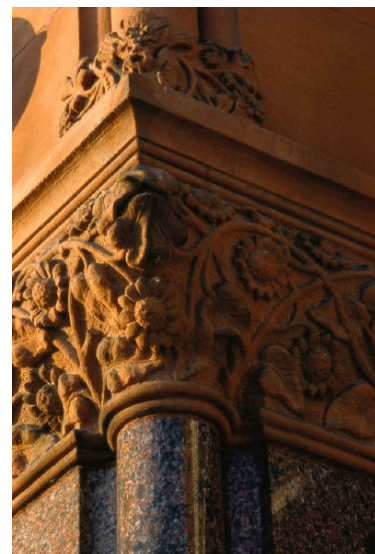
Be curious. Show deference. Given our passion around diversity, Professor Marks and I are not in the business of making assumptions. We checked any pre-conceived notions and entered the relationship with a genuine curiosity about each other's work. Professor Marks was not familiar with my job as Director of Student Life, but he respected the title and asked me about the position. When we discussed the student experience outside the classroom, he deferred to me. Similarly, I did not know much about his area of academic expertise, but I was curious about the classes he taught. I asked about his curriculum, pedagogy and how issues around difference surface in his classroom. In the end we learned quite a bit about each other, and in doing so we built a level of respect that defined our working relationship.

Be confident. Be honest. I would be lying if I said I wasn't curious, if not a bit worried, about whether Professor Marks was a credentialed researcher or renowned scholar in his field whose expertise I could not match. I tried not to let my concerns jade the experience. I walked in feeling confident about my work as a Student Affairs professional and diversity educator. Many of our conversations were long, tedious discussions about the right words and tone to capture our intentions for the survey. We disagreed at times, but it never became contentious. We understood that a back and forth discussion was healthy, if not necessary, to produce quality work. I soon realized that our credentials were less important than our experiences. Don't lose sight of the fact that collaboration is an opportunity to share knowledge and learn from each other. It's an equal partnership that requires contributions from everyone involved.





KC CORNER



Check out the following announcements, information, and articles from the many outstanding Region I Knowledge Communities!

Greetings Region I from the **Parent and Family KC!** Here's to a start of a new academic year! Across the region colleges and universities have recently opened their doors to a new class of students and families and have begun their fall semester. We all have worked numerous hours in preparation for fall opening in an effort to provide the best customer service and resources to our students and families. Regardless of your institution's approach in developing relationships with new and returning students and families, we have all put our best foot forward. As we welcome our new and returning students and families, it is important to remember that we should continue to maintain these relationships. Our common goal is to provide a quality education to the students and to provide them with the foundation they will need to be successful in their professional and personal pursuits. The process of doing this requires much work and support. For many students, the majority of the support has come from the family, and so it is essential to our success that we also include parents and families in our continued efforts. The fears and challenges students, parents, and families face continue to evolve and are constantly affected by societal influences. Our acknowledgement of these factors will aid us in our communications with these constituents throughout the academic year. We urge you to take the time this year to foster healthy relationships and to continue develop new methods of providing resources to students and families. Have a great fall semester! If you are looking for resources, support or would like to join this KC, please contact Angela Watson at awatson@umassd.edu.

The **AER (Assessment, Evaluation and Research) KC** will have many sponsored sessions at the Regional Conference in Manchester, New Hampshire. For AER beginners, please see the session "Beginning Assessment Strategies: Starting the Climb" for a how-to for those just starting the process. Also, at the Tuesday breakfast, there will be a table devoted to listening to membership regarding what sort of help they are looking for from the AER Knowledge Community. So come on down early on November 9th at the Regional Conference to give your opinion.

Phil Bernard
Assessment, Evaluation and Research KC Chair

KC for Fraternity and Sorority Affairs: Call for Volunteers! Hello everyone! Currently I am looking for a few committed individuals to work on short term and long-term projects with the FS KC. If you have 2-5 hours a month and would like to help the Region I FS KC please email me by October 10th.

Thanks for your time in advance,
Kim Monteaux, University of Vermont

“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” - Malcolm X.

As such the **African-American Knowledge Community (AAKC)** has been busy planning opportunities that we hope will provide Region I members times to discuss and learn more about trending issues concerning African-American students and professionals.



Drive-in Conferences for spring 2011

The Parent & Family Knowledge Community and the AAKC are collaborating on an effort that hopes to introduce a drive-in conference that will take place during spring 2011. This conference will be centered on taking a look at the relationship African-American students and families have with institutions of higher education. The purpose of this conference is to facilitate discussion around the importance of engaging African-American students and families on college campuses more intentionally given current trends and research. Over the years, the influx of parent programs that now serve as part of the portfolio of many of our campuses has risen, and, in some instances, these programs may not meet the needs of our underrepresented populations or the demographics of the institution. Updates about this opportunity will be sent via Region I emails. A special thanks to Dr. Angela Watson from UMass Dartmouth for all her hard work on this conference. Angela serves as Region I’s KC Representative for Parent and Family Concerns.

“Work smart... not hard.” There are many ways to stay ahead of the curve. One of the most celebrated ways in our field suggests stealing (ahem...“exchanging”) ideas and programs with our beloved colleagues. In 2011 we hope to provide the region with the opportunity to attend a **best-practices swap**, whereby Student Affairs professionals in the southern New England region will have an opportunity to network with one another and to share information they can take back to their respective campuses. Designed especially for professionals working in Diversity/Multicultural Affairs—as well as individuals with an interest in this functional area—this one day conference seeks to focus on the following key areas related to working with underrepresented students: coalition-building on campus and in the community; recruitment and persistence best practices and trends; educational and social programming; protocols and policies for bias-related incidents; and assessment of campus climate. As a way of framing the day’s conversations, founding faculty from the Social Justice Training Institute will introduce the Multicultural Organization Development (MCO) Stage Model. Participants will be encouraged to use the model to evaluate their respective campuses and to inform their next steps towards instituting organizational change. A special thanks to Wanda Tyler from the University of New Haven for all of her hard work in helping put this together.

Involvement Opportunities

Are you a newsletter wizard? The AAKC is looking to provide a seasonal e-newsletter to AAKC members. Last year the AAKC hosted its first leadership team meeting at Suffolk University. Professionals from the region met to identify programmatic goals for the 2010 year. Might you be interested in helping host a 2011 AAKC leadership team meeting at your institution? If you are interested in any of these opportunities, or have questions about how to get involved, please send an email to Austin.Ashe@quinnipiac.edu. Best wishes to all of you this fall!

Austin A. Ashe
African-American Knowledge Community Chair
Associate Director of Alumni and Student Relations, Quinnipiac University

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NASPA has 24 Knowledge Communities.
Join one (or more!) today by visiting:
<http://www.naspa.org/kc/default.cfm>



The Men and Masculinities Knowledge Community of Region I is proud to host...

Balancing the Challenge and Support of Collegiate Men: Exploring Alternative Masculinities

Saturday, October 16, 2010

9:00 am —5:00 pm

Roger Williams University
Bristol, Rhode Island

What you can expect...

- An exploration of how college environments, college culture and pop culture impact how men understand themselves and interact with the world around them
 - A keynote address delivered by one of the pioneers of male gender role conflict research, Dr. Jim O'Neil, from the University of Connecticut
- The chance to network with other administrators, professionals, and students to exchange strategies and learn new ideas around masculinity development and the implications of male gender role conflict
 - Sessions tailored to give you the tools necessary to work with men on your campus in order to reduce conduct code infractions, increase men's retention, and increase campus participation

**For an updated conference schedule,
and to register, please visit:**

<http://naspa.org/regions/regioni/events.cfm>

Students \$10
NASPA Members \$30
Non-Members \$50

brought to you by:
NASPA Knowledge Community
MEN AND MASCULINITIES



What is Mindfulness?

By Anne Hopkins Gross
Dean of Students, Southern Vermont College
On behalf of the KC for Women in Student Affairs

I would never suggest that I am a “guru” on mindfulness. In fact, when I told my 12-year old that I was writing an article on mindfulness she replied, as delicately as she possibly could for a tween, “You’re writing an article on mindfulness?” And I replied in a most centered and grounded way, “Ah Daniel Son {actual name: Mackenzie}, you have no idea.” Despite the fact that I am often seen running around bouncing from task to task, be it in the office or at home, I have worked hard at, yes, grounding and centering myself - being mindful of the present moment.

A few years ago, I read *The Power of Now* by Eckhart Tolle, and it gave me a tremendous amount of perspective on how much I truly wasn’t “living in the moment” and how I could start. I continued my reading journey to learn more about mindfulness and eastern philosophies via writers such as Thich Nhat Hanh, Jon Kabat Zinn and Don Miguel Ruiz, to name a few. The more I read, the more mindful I became – and I still have a long way to go, but I am enjoying the journey.

“What is being ‘mindful’ about?” It all boils down to something very simple – being present and in the moment with whatever one is doing. Alas, while simple in concept, mindfulness can be challenging in applying. Buddhists talk about the “monkey mind” that we all have – our thoughts jump from one thing to the next (I have to go grocery shopping, where’s my pen?, that deadline is approaching, look at that bird!). Meditation focuses on quieting the mind while accepting the monkey, as does mindfulness; however, in mindfulness one doesn’t have to be in a meditative state, one can be simply be standing at the photocopier and being present in the moment.

The following are a few ways to be mindful during a busy work day:

- ◆ When standing at the copier (or shredder or printer), instead of thinking about the next seven tasks you have to do, focus on what you are doing and being in the moment. It is this very focus (I am inputting my code, I am selecting two copies, the machine is running...) which promotes mindfulness and well-being. If you’ve never done this before, it might seem a little odd, but it can go a long way in keeping one in the moment.
- ◆ When walking down the hall or across campus, focus on your feet connecting with the ground. Be mindful of each step you are taking – again, instead of thinking of another million things. This is a very helpful exercise to help “ground” oneself – and it’s simply grounding just to walk for exercise, of course, but try walking mindfully.
- ◆ Breathe. This is the mindfulness grand-daddy of them all. Focus on your breath when you are sitting at your desk (or standing on line, etc.). To start, try it just a minute or so. Look away from your computer, and focus on nature (a plant, a tree outside), if at all possible. Simply saying, “breathing in, breathing out” as you breath can promote mindfulness and being present in the moment.
- ◆ When driving home from work and your mind starts to perseverate on all the things that happened throughout the day and how you need to do X, Y or Z, ask yourself, “Can I solve this problem right now?” Chances are you can’t. You can think about it and maybe strategize about it but you likely can’t solve it. Give yourself permission to say, “No, I can’t solve this problem now.” Then focus on your breathing and being in the moment.

If you’ve haven’t practiced mindfulness in the past, the above exercises can seem somewhat odd. With sustained practice, however, one slowly (emphasis again on the *slowly*) becomes more adept at living in the present. I have had some situations where my simple mindfulness practice has benefitted me greatly. For example, when a colleague was so angry he was yelling, and I was able to stay mindful and unemotional in order to talk him off the ledge, so to speak. I even had other colleagues approach me to compliment my ability to be calm yet firm. Or when my teenage son, who has autism, was about to blow a gasket, and I was able to stay calm, centered and in the moment in order to de-escalate what could have been an explosive moment.

Jon Kabat Zinn says, “Wherever you go, there you are.” Regardless of where you are or what you are doing, catch yourself being mindful. Remember, one step at a time. Better yet, one breath at a time.

Recommended readings:

The Power of Now, Eckhart Tolle
Wherever You Go, There You Are, Jon Kabat Zinn

Peace is Every Step, Thich Nhat Hanh
Work as a Spiritual Practice, Lewis Richmond

State Spotlight!



The state of Vermont is currently in need of a state director! If you are interested in learning more about how you can get involved in Vermont and serve the current term until March 2012, please contact Ken Schneck at kschneck@marlboro.edu or Nancy Crimmin at ncrimmin@assumption.edu. **FREEDOM AND UNITY** (that's the Vermont state motto, in case you didn't know)!



The State of Maine is excited to announce two upcoming events both occurring on October 22nd. Maine Maritime Academy (MMA) will host MASAP's annual Fall Conference, the theme of which is "Adjusting Your Sails in Changing Wind." This year's event will feature keynote speaker, Daren Bakst, Esq., Director of Legal and Regulatory Studies for the John Locke Foundation, and breakout sessions addressing topics such as Student Behavioral Review Teams, Serving Veterans in Higher Education and Millennials Educating Millennials. For more information, contact Jason Saucier at jsaucier@usm.maine.edu or Michael Sales at michael.sales@mma.edu.

Also at MMA that day, will be the Maine Student Leadership Conference. Students will be addressed by keynote speaker Tony D'Angelo of Collegiate EmPowerment and will attend sessions on leadership, programming, meeting management, marketing and more. For additional information, please contact Shane Long, Student Leadership Conference Chair, at slong@smccme.edu.



Here in Montréal, Québec, Fall has come quickly to the McGill campus and surrounding city. As students dress warmly against the brisk northerly breezes, Student Services is busy meeting a record number of students' needs outside the classroom.

A little bit more on the Canadian system! Up here, we have a NASPA-esque organization called the Canadian Association of College & University Student Services (CACUSS). Within CACUSS are many important divisions based on various aspects of student life and their associated offices, such as Canadian Academic Integrity and Student Judicial Affairs, the Canadian Association of Disability Service Providers in Post-Secondary Education, the Canadian Organization of University and College Health, the Canadian University and College Counseling Association, the National Aboriginal Student Services Association, and the Student Affairs and Services Association.

These categories cover a broad range of student life issues, and may give non-Canadians an idea of the way we prioritize and organize student life in Canada. NASPA's regions give everyone a great idea of what is happening with the other Universities and within student life in their area; CACUSS's divisions keep us on our toes regarding news in the disciplines in which we are most involved.

Si vous avez des questions pour moi, n'hésitez pas de me contacter. My door is always open, to fellow Canadians and our southern partners.

A bientôt,

Jana Luker
Provincial Coordinator for Canada
Executive Director, Services for Students, McGill University



Greetings from your Rhode Island NASPA State Director! It's that time of year again—time to submit nominations for the NASPA Region I – Rhode Island State Awards. I hope you will consider submitting a nomination in one or more of the following categories:

- CATCH A RISING STAR SCHOLARSHIP (undergraduate student)
- RICHARD F. STEVENS OUTSTANDING GRADUATE STUDENT
- RICHARD F. STEVENS OUTSTANDING NEW PROFESSIONAL
- MID-LEVEL STUDENT AFFAIRS PROFESSIONAL
- PROGRAM OF THE YEAR

To find out more about the awards and the nomination process, go to the following link:

<http://www.naspa.org/regions/regioni/awards.cfm>

THE DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 15. PLEASE NOTE THAT AWARD NOMINATIONS MUST BE SUBMITTED ONLINE AND BY A NASPA MEMBER. If you know of a non-NASPA member who would like to submit a nomination, please let me know—I would be more than happy to submit the nomination on his/her behalf.

Please feel free to call or e-mail me with any questions. Thanks in advance for your support of NASPA and your colleagues!

Judy Kawamoto – Rhode Island State Director
Associate Dean for Student Life, Bryant University

WHO KNEW NASPA?

Fun Facts from the Regional Historian, Barbara Fienman!

We have hosted the regional conference...

- 4 times in Newport, RI** (and once in Providence)
- 3 times in Burlington, VT**
- 3 times in Portland ME** (and once in Rockland, ME)
- 3 times in Hartford, CT** (once in Windsor and once in Mystic)
- 3 times in Hyannis, MA** (for a total of 5 times on the Cape)
- 3 times in Springfield, MA**
- 3 times in New Hampshire** (Waterville, Portsmouth & Manchester)
- ...and in some other cities in Massachusetts.



Do you have a question for the Historian? We will try and answer it in future newsletters - send your questions to the editor!

Conference News...Check out Manchester, NH!

Welcome to ManchVegas, as locals affectionately call Manchester! Manchester is located in south central New Hampshire along the Merrimack River and is the largest city in northern New England. Located twenty miles from the Massachusetts border, fifty-eight miles from Boston and within an hour's drive of destinations such as the seacoast and the lakes region Manchester residents note with pride that "we are close to everything."

History and Demographics. The Merrimack Valley was originally inhabited by various groups of Native Americans. Europeans settled Manchester in 1722 as a farming community several miles east of the river. For many years the town was known as Derryfield until it was renamed Manchester in 1810 to honor Samuel Blodget's vision of a great industrial city like that of Manchester England.

Samuel Blodget developed a canal and lock system around the Amoskeag Falls that opened a trade route from Boston to Concord. The canal and lock system made it possible for the Amoskeag Manufacturing Company to open its doors in 1838, becoming the world's largest cotton milling operation with 64 mills lining the banks of the Merrimack. The mills brought cultural diversity to the city as immigrants moved to Manchester looking for good paying mill jobs.

Today the city of Manchester remains the economic engine of the state. The millyard now houses more than one university campus, several high tech companies, web site companies, museums, and insurance and manufacturing companies just to name a few.

Culture & Performing Arts

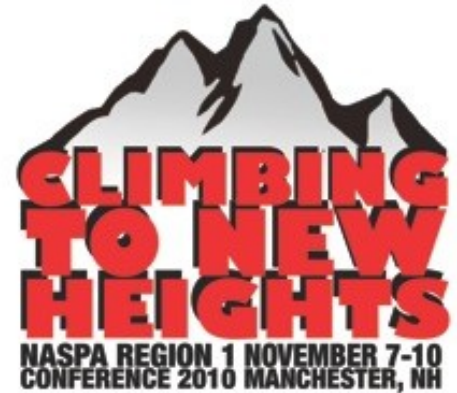
Today Manchester is not only considered the financial center of the state, but it is home to the state's largest civic arena and a majority of New Hampshire's major cultural institutions. A few highlights include the Currier Museum of Art, The Palace Theater and the SEE Center.

The Currier Museum of Art is an internationally renowned art museum. The Currier features European and American paintings, decorative arts, photographs and sculpture, including works by Picasso, Monet, O'Keeffe, Wyeth, and LeWitt with exhibitions, tours, and programs year-round. The museum also offers tours of the Frank Lloyd Wright-designed Zimmerman House -- reservations required. During the conference a special exhibit titled **The Secret Life of Art: Mysteries of the Museum Revealed will also be on display.**

The Palace Theatre is a non-profit performing arts center that hosts its own professional company, youth and teen program and presenting acts. Our beautiful 840 seat theatre is the only one of its kind in this area. Cabaret, a Professional Productions, which is part of the *Citizens Bank "Performing Arts Series"* is on stage the week of the conference.

For those bringing families along, the SEE Science Center is the place to go. The SEE Science Center is a hands on Science Museum that delights children of all ages featuring hands-on exhibits covering topics such as: forces, light, sound electricity, simple machines and more. SEE Science Center is open 7 days a week.

Last but not least is the cuisine. For a "small" city Manchester has a wonderful array of ethnic dining choices from the traditional Chinese, Thai and Japanese to the not so typical Nepalese and Korean. There is a great Brazilian steak house for the meat lovers, out of the box pizza, and good basic Italian. Look for the local arrangements table which will have information on all of this and more.





What are you doing on Tuesday night at the conference?

- Are you looking for something to do? The conference committee is excited to offer multiple forms of entertainment on November 9th. We will have NASPA's Region I first Casino night. In addition, we will be playing Bingo, while keep the traditions such as Trivia and Novelties. Come hang out with your colleagues and who knows, maybe you can win big.
- Questions, please contact Hank Parkinson, Entertainment Chair at hparkinson@fitchburgstate.edu.

Region I Golden Key Scholarship



NASPA and the Golden Key International Honor Society have created the Golden Key NASPA Region I Conference Scholarship. This partial scholarship supports the first time conference attendance of NASPA Undergraduate members, NUFP Fellows, and NASPA Graduate Student members. Scholarship funds must be used towards pre-conference workshop and conference registration fees and travel to and from the conference.

All applicants must be a NASPA or Golden Key member at time of application and cannot have attended a NASPA Region I Conference previously. Undergraduate scholarship recipients will be awarded \$50 each and Graduate scholarship recipients will receive \$275 each to use toward the conference.

<http://www.naspa.org/regions/regioni/conference/registration.cfm>

Questions, please contact Shelby Ballard, Secretary at sballard@hartford.edu

Student Affairs Leaders of Tomorrow

The 2010 NASPA Region I S.A.L.T. (Student Affairs Leaders of Tomorrow) Conference applications are now available! This conference is designed to introduce undergraduate students to the field of student affairs. Participants will have the opportunity to meet other student leaders who share their same interests, discover the career path that is right for them, meet professionals in the field who will provide guidance, mentorship and direction, and have a chance to learn about and meet representatives from the various graduate programs in Student Affairs in our region. Please share this information with your student leaders whom you believe would be an asset to our field. Highlights for this year's gathering include an opening address with Nancy Hunter Denney, a unique networking skills session, and closing remarks from Sheila Murphy! Applications can be found on the NASPA Region I Conference website and are due October 1. Please contact Ted Zito at tzito@assumption.edu with any questions.



S. A. L. T.

Student Affairs Leaders of Tomorrow

The Conference Committee is excited to announce the 2010 Speakers for the Regional Conference!



Opening Keynote

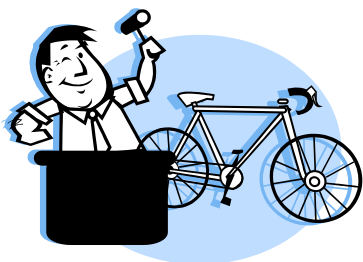
Steven Pemberton, Chief Diversity Officer at Monster.com
Monday, November 8th at 1:15 pm



Closing Keynote

Gwen Dungy, Executive Director of NASPA
Wednesday, November 10th at 11:15 am

It is that time a year again – we need items for the NASPA SILENT AUCTION!



I hope the year is off to a good start for all of you. While we all look forward to the beginning of the year, the NASPA Regional Conference is the real highlight of the fall semester! It is time to start thinking about donating an item for the Silent Auction. Proceeds from the Auction support the Catch a Rising Star and the Richard F. Stevens Outstanding Graduate Student Awards. A portion of the proceeds will also be donated to [Jayme's Fund for Social Justice](#). Jayme's Fund supports initiatives that promote education, tolerance and human rights.

We're looking for gift baskets, theatre tickets, food items, sports tickets, gift certificates and other unique items, get-a-ways, professional development workshops, and other items. Institutions and individuals from the region donate items or services to be auctioned, and conference participants have the opportunity to bid on the items. The highest bidder on each item at the end of the allotted time "wins" the prize. Individuals may bid on more than one item and may bid as many times on each item as they wish. The silent auction is a great way to donate to the Region. Please consider donating something!

For more information regarding the 2010 Silent Auction, please contact Jamie Glanton Costello, 2010 Silent Auction Chair, at jamie.costello@massart.edu or (617) 879-7703.

Let's SHINE!

We all are busy and are juggling multiple hats, but that's Student Affairs, right? Take a break and help us recognize our shining stars by nominating a colleague, program, mentor or student for the Region I awards!! This is the region's chance to highlight all of the meaningful contributions made by the highly talented members of our region! The deadline is October 15th so please take a minute now and – **NOMINATE!!**

<http://naspa.org/regions/regioni/awards.cfm>



Conference Programs and Pre-cons

The regional conference programs are shaping up, and it's looking to be a very educational and informative conference! The talent in our region is ever-impressive, and I look forward to joining everyone in Manchester, NH for the both the AWESOME Lunch and Learns and the AMAZING conference sessions presented by our friends and colleagues from the region! We are climbing to new heights with our programs – we hope you are along for the trek!

Jennifer Michael, Programs Chair

Assistant Dean/Director of Student Activities, Massachusetts College of Pharmacy and Health Sciences



As we watch for those early maples changing to red here in New Hampshire, we are also busily settling in for the new year and working on our awards nominations for the regional conference. Once again, for the second straight year, all the state directors are preparing for our program session **"The Best of Region I"**, which will feature all the **Program of the Year** recipients. The session will include short presentations on the programs and a chance to ask questions and connect with the presenters. Last year a number of schools brought ideas back to their home campus and implemented these outstanding programs.

Tim Keefe

Dean of Students, Plymouth State University

Registration for the NASPA Region I conference is now open!

Register before **Friday October 8th** to take part in the **early bird registration rates!**

| 2010 REGISTRATION INFORMATION | |
|---|--|
| SSAO Institute (includes SSAO Luncheon on Monday) | \$50.00 |
| SSAO Luncheon on Monday with guest speaker (only) | \$35.00 |
| Lunch and Learn options (price includes lunch) "A Time for Every Purpose... Baby Boomers and Gen X in the Workplace" "Financial Literacy 101" "Lessons Learned, Helpful Hints, & Professional Advice: A Session for Graduate Students" "Social Media: Let's Do This!" | \$15.00 |
| Conference Registration: Must be postmarked by October 8, 2010 | |
| NASPA Member | \$225.00 (after October 9, 2010, add \$50) |
| Non-NASPA Member | \$295.00 (after October 9, 2010, add \$50) |
| Graduate Student NASPA Member | \$125.00 (after October 9, 2010, add \$50) |
| Non-NASPA Member Graduate Student | \$175.00 (after October 9, 2010, add \$50) |
| All Faculty | \$225.00 (after October 9, 2010, add \$50) |

CLICK HERE to register today! If you have questions regarding the registration process contact Daniel Brown at Daniel.brown@quinnipiac.edu.

Have You Booked Your Hotel for the Conference? **Reservation deadline is October 16th!**

Hotel reservations may be made online or over the phone. If reserving online, use the Promotional Code NASPAI to reserve a room at the NASPA rate. If reserving over the phone, please call the Reservations Department 603-206-4109 or Radisson Worldwide at 1-800-333-3333. Be sure to mention over the phone that you are attending the NASPA Region I Conference in order to receive the NASPA rate. Reservations must be made by October 16 in order to receive the NASPA discounted rate.

Panel of Listeners Program Will Once Again be Featured at the Region I Conference

The Panel of Listeners program connects women in a meaningful way with colleagues for confidential one-on-one discussions. By pairing experienced professionals with others for the purpose of seeking one-time advice or coaching, the program matches listeners and listenees based on identified topics of mutual interest. Participants complete interest forms which guide the match made between women. Past experience has proven that this brief meeting at the conference could lead to a professional and personal relationship continuing beyond the Manchester conference.

The Panel of Listeners program an opportunity for women to assist one another in considering topics, issues or concerns that might impact their ability to balance the professional and personal aspects of their lives, provide leadership in the workplace and/or advance their managerial or administrative skills. Most past requests from listenees have revolved around seeking a listener to discuss professional development and career issues. While women professionals may have others on their campuses who provide some level of mentoring, one benefit past participants report is that through the completely confidential conversations, having the opportunity to confer with someone who is removed from the workplace is invaluable in developing new insights about existing situations or concerns.

Past participants, both listeners and listenees, have reported great appreciation for the advice, personal connection, and renewal of energy which has resulted from their involvement in this program. The information and advice offered during this session comes from the individual listener as a result of her knowledge and experience and, as such, they do not represent NASPA, as an association.

The Panel of Listeners matches will be made by WISA KC Representatives Beth Moriarty and Tara Rupp. Are you interested? If so, please complete the appropriate form and fax it to Beth Moriarty at 508-531-1277. Please direct questions to Beth Moriarty bmoriarty@bridgew.edu or Tara Rupp trupp@fairfield.edu.

FORMS FOLLOW AT THE END OF THE NEWSLETTER!

About the Newsletter

The NASPA Region I Newsletter is published monthly. Submissions are always welcome and may be submitted to Ali Hicks at ahicks@stonehill.edu, preferably in Microsoft Word. Feel free to include any images with your submissions and, when possible, include the names and institutions of all people featured. Electronic versions of past issues can be found archived on the NASPA Region I website.



Women In Student Affairs

NASPA Region I Panel of Listeners

Listenee Profile

Please take a few minutes to complete the form and return it to Beth Moriarty bmoriarty@bridgew.edu or fax it to (508) 531-8179. If you have any questions or concerns please feel free to contact Beth at 508-531-1277.

Name:

Title:

Institution:

Address:

Email:

Office Phone:

Cell Phone (needed in case we need to contact you at the conference):

Highest Earned Degree (check one):

- Bachelor's Master's Doctorate

Employment Experience Includes (check all that apply):

- 2-year public 2-year private professional organization
 4-year public 4-year private other: _____

Years in Student Affairs: _____

What topics do you want to discuss with your listener?

- | | |
|--|---|
| <input type="checkbox"/> Career advancement | <input type="checkbox"/> Strategic planning |
| <input type="checkbox"/> Dealing with difficult people | <input type="checkbox"/> Teaching and research |
| <input type="checkbox"/> Discrimination/harassment | <input type="checkbox"/> Supervisory relationships |
| <input type="checkbox"/> Personal/work and family management | <input type="checkbox"/> Writing for publication |
| <input type="checkbox"/> GLBT issues | <input type="checkbox"/> Other, please specify: _____ |
| <input type="checkbox"/> Professional development | |

Is there a particular functional area(s) that you would like to discuss with your Listener?

Is there anything else that would help us pair you?

Appointment Times:

Ideally participants will attend the Panel of Listeners Session offered during an educational block of the conference. This session will provide an overview of the program, an opportunity for participants to engage in a WISA roundtable discussion, as well as time to connect Listeners and Listenees (Mentees). If you are not available to attend this session, you are encouraged to work out a specific time with your Listener.

If for any reason you believe that you will be unable to participate in the program, please contact Beth Moriarty as quickly as possible (bmoriarty@bridgew.edu or 508-531-1277).

Thank you again for your participation! See you in Manchester!



Women In Student Affairs

NASPA Region I Panel of Listeners

Consultant Profile

Thank you for volunteering to share your wisdom and expertise with other women in the region. Below are a few questions that will help partner you with an appropriate Listenee (mentee) for the up-coming regional conference. Please take a few minutes to complete the form and fax it to Beth Moriarty at (508) 531-6179. If you have any questions or concerns please feel free to contact Beth at 508-531-1277.

Name:
Title:
Institution:
City/State:
Email:

Highest Earned Degree (check one):
Bachelor's
Master's
Doctorate

Employment Experience Includes (check all that apply):
2-year public
2-year private
professional organization
4-year public
4-year private
other:
Years in Student Affairs:

Administrative and Supervisory Experience (check all that apply):
academic support services
administration (e.g., budgets, HR, IT, etc.)
admissions / enrollment management
assessment / research
athletics / recreation
auxiliary services (e.g., conf. svcs, dining, stores)
campus police / public safety
career services / student employment
community service / service learning
commuter / off campus student services
counseling services
dean of students
disability support services
financial aid
first year campus/programs
GLBTA services / programs
greek affairs
health services
housing / residential life
international student services
judicial affairs / conduct / mediation services
multicultural affairs
new student programs / orientation
parent / family programs
religious life
student activities
student records
student union / university center
university events
women's center
other:

Faculty Appointment and Teaching Experience (if none, go to next section):
Academic Title:
Department:
Academic Specialty:
Year's of Teaching Experience:

Consultation Type (check all areas you are willing to discuss):

- | | |
|--|--|
| <input type="checkbox"/> academic credentialing / faculty roles | <input type="checkbox"/> professional development |
| <input type="checkbox"/> career advancement strategies | <input type="checkbox"/> strategic planning |
| <input type="checkbox"/> dealing with difficult people | <input type="checkbox"/> teaching and research |
| <input type="checkbox"/> discrimination / harassment | <input type="checkbox"/> supervisory relationships |
| <input type="checkbox"/> personal / family and work life balance | <input type="checkbox"/> writing for publications |
| <input type="checkbox"/> GLBT issues in the workplace | <input type="checkbox"/> other: _____ |

Preference for Mentee Experience and Professional Level (check all experience levels you are comfortable addressing):

- Graduate students
- New professionals (< 5 years of experience)
- Mid-level professionals (5+ years of experience)
- Upper mid-level professionals (10+ years of experience)
- Senior level professionals

Personal Characteristics (optional):

Racial / ethnic heritage: _____
Other areas of diversity: _____
Marital / committed partner status: _____
Children (# and ages): _____

Are you willing to meet with more than one Listenee/Mentee: **YES** **NO**

Appointment Times:

Ideally participants will attend the Panel of Listeners Session offered during an educational block of the conference. This session will provide an overview of the program, an opportunity for participants to engage in a WISA roundtable discussion, as well as time to connect Listeners and Listenees (Mentees). If you are not available to attend this session, you are encouraged to work out a specific time with your Listenee.

If for any reason you believe that you will be unable to participate in the program, please contact Beth Moriarty as quickly as possible (bmoriarty@bridgew.edu or 508-531-1277).

Thank you again for your participation! See you in Manchester!