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NEWS FROM YOUR REGIONAL DIRECTOR



March flew by like a nor'easter! Many of us had the fantastic opportunity to experience high winds, snow, education, inspiration and friendships in Philadelphia at the NASPA annual conference this past month. Since returning to campus, I've tried to settle back into the campus groove-AND my new role as your Regional Director! [For rest of Blog, click here.](#)

ARE YOU DONE YET?



The month of April is a month full of flowers blooming, spring air, warmer weather (well for some folks anyway). It's a season of new life. Well, at least it should feel like summer vacation is around the corner. For some, the month of April is about late nights, searching the APA manual, printer meltdowns, and computer shutdowns. What am I referring to? It's the dreaded/highly anticipated/long worked-for/when in heaven almighty will this be over with--dissertation defense month. It feels like April is the month when many of our friends, colleagues, and students are trying to find the delicate balance of completing a dissertation (or master's thesis) to the satisfaction of their chair and committee, while trying to keep their head above water at work, family members remembering what they look like, and colleagues wondering if will they ever stop hearing about the statistically significant finding in their ground-breaking work. In all seriousness, it's a lot to balance, an incredible amount of stress, and an amazing achievement! [For rest of Blog, click here.](#)

NASPA IV-W VOLUNTEER OPPORTUNITIES



Happy Vernal Equinox NASPA IV-W! With the changing of seasons comes new opportunity for growth not only in nature but your professional life too! Taking a moment to pause and look for new ways to grow professionally can be a refreshing way to start the spring. [For rest of Blog, click here.](#)

KC SPOTLIGHT - GENDER & SEXUALITY



Hello Region IV-West! My name is Travis Tucker and I serve as the Region IV-West Gender and Sexuality KC Representative. I work as the Assistant Director of Leadership and LGBTQIA Involvement at Washington University in St. Louis. I am in the beginning months of a two year term as one of your KC Representatives. In this role, I will work alongside the Gender and Sexuality KC to help bring education and awareness to our region about a multitude of topics. But one thing that I have quickly learned in my role is that it cannot be done alone; that is where you come in! [For rest of Blog, click here.](#)

REFLECTIONS ON THE NATIONAL SERVE EXPERIENCE



On August 29th of 2016, I received a Congratulations email indicating my acceptance into the first national SERVE (Supporting, Expanding, and Recruiting Volunteer Excellence) cohort. It was a Monday and within the first few weeks of the semester at Tulsa Community College. In addition to telling my partner and family, I told one colleague and within about one week, my boss. Everyone was very happy for me, as I have been engaged with NASPA since 2006 through different Regions, Knowledge Communities, National/International events and the NASPA Foundation. [For rest of Blog, click here.](#)

GRADUATE STUDENT SPOTLIGHT - HAILEY ROBINSON



Hometown: Okmulgee, OK Graduate Institution: Oklahoma State University Degree you are working towards: Educational Leadership Studies (option: College Student Development) Undergraduate Institution: Arkansas Tech University [For rest of Blog, click here.](#)

NASPA CAR WASH

How many times have you driven in your city or town and noticed a group of people holding a car wash? These car washes are typically fundraisers and in some places, car wash fundraisers happen every weekend, especially during the summertime. [For rest of Blog, click here.](#)



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