

In This Issue

Welcome.....1
NCAA News.....2
Research Agenda and
Educational Plan.....3
Grinnell College Pride.....4

SAKC NEWS

Student-Athlete Knowledge Community Newsletter

December 2014

Dear NASPA Colleagues,

It has been an exciting year for our KC. We have been able to accomplish many of our goals and initiatives in this initial year. Our partnership with the NCAA has allowed us to work collaboratively for the overall success of all student-athletes who compete at our colleges and universities.

This work could not have been accomplished without your support! Your continued involvement in our KC is paramount to our success.

From sharing best practices to now developing our research agenda, we hope to provide you with the tools to continue transforming the experiences of student-athletes. It truly takes a team and your involvement is key to our success. Please consider joining us today!

Best Regards,

Mary Ann and Bob



Mary Anne Nagy

Co-Chair

Monmouth University



Robert Gatti

Co-Chair

Otterbein University

Check out the Student-Athlete Knowledge Community (SAKC) at <http://www.naspa.org/constituent-groups/kcs/student-athlete>



Student-Athlete Affairs

Developing Leaders for Life.



NCAA News

NCAA Innovations in Research and Practice Grant Program The NCAA will award \$100,000 in grants for the 2015 calendar year to support research and data-driven pilot programs designed to enhance student-athlete psychosocial well-being and mental health.

Topics funded by the NCAA Innovations in Research and Practice Grant Program may include, but are not limited to

- ◆ Managing transitions (e.g., from recruit to first-year student)
- ◆ Transferring between universities
- ◆ Adapting from youth sports to college sports environment (developing independence from parents)
- ◆ Identity development
- ◆ Stress management
- ◆ Substance use
- ◆ Bystander intervention
- ◆ Cultivating healthy relationships
- ◆ Career exploration and
- ◆ Sport exit strategies.

Grant recipients will be invited to present their work to key stakeholders in intercollegiate athletics in January of 2016 at the NCAA Convention in San Antonio, TX. Proposals will be judged in part on their potential to result in campus-level programming that can positively impact the well-being of NCAA student-athletes. Please go to the following link for more information: <http://www.ncaa.org/about/resources/research/ncaa-innovations-research-and-practice-grant-program>.

NCAA, White House partner to combat sexual violence on campus You can insert the full article, making sure the logo gets in and the link to the new handbook shown at the end of the article is active.

<http://www.ncaa.org/about/resources/media-center/>

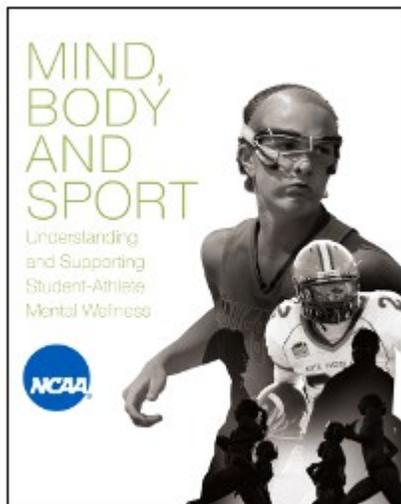
Contribute to the SAKC Newsletter!

If you would like to share your student-athlete knowledge, best practices or relevant research, we are always looking for submissions to the newsletter. The SAKC Newsletter is published in the Fall and Spring annually. Please contact Mattie White at whitemr@indiana.edu with your newsletter ideas and submissions!



Grinnell College Pride Campaign Shows Commitment to Diversity

During the month of October, Grinnell College celebrated the GC Pride Campaign to acknowledge that collegiate athletics are a safe place for student-athletes of all identities. The Grinnell athletic department partnered with various departments across campus to plan the celebration. Check out more information and a video by following this link: http://pioneers.grinnell.edu/news/2014/10/10/Diversity_1010140505.aspx#.VD



The NCAA just released a new publication entitled, *Mind, Body and Sport: Understanding and Supporting Student-Athlete Mental Wellness*. This book was the result of a three-day mental health task force meeting that took place at the NCAA in November of 2013. The publication features articles and resources to help practitioners better understand and support issues regarding student-athlete mental wellness. The publication can be found on the NCAA Sport Science Institute website.

SAKC Leadership Team Members

Allison Dea

Jeff Graham– Frostburg State University

Brent Marsh– Rogers State University

Tim Millerick– Austin College

Trayvon Robinson– Chico State University

Carrie Smith– University of Georgia

Mattie White– Indiana University

Mary Wilfert– NCAA

Amber Fallucca– University of South Carolina

Leah Kareti– NCAA

Bart Merkle– Grand Valley State University

Kris Niendorf– Wellesley College

Jeff Rosenberry– Montana State University

Jennifer Thomas– Pacific Lutheran University

Katrina Whitney– Central Washington University



Follow @NASPASakc on Twitter