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October 24, 2016

Careers in Student Affairs Month-Advice from Jen Maitino

Name: Jen Maitino

Title: Director of Residence Life & Housing

Current Institution: Curry College

Years in the Field: 10-15

Graduate School Program Attended (if applicable): UMass Amherst

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Be patient and take a deep breath!

What would you say has been your biggest career accomplishment thus far?: The relationships I have built. Regardless of institution or position, those are what I continue to value and are my best memories from past roles.



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The Region I Bulletin

Everything you need to know about what's going on in NASPA Region I

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[October 27, 2016](#)

Careers in Student Affairs Month-Advice from Alex Cabal

Name: Alex Cabal

Title: Director, Center for Diversity & Social Justice

Current Institution: Wentworth Institute of Technology

Years in the field: 6-10

Graduate School Program Attended (if applicable): Springfield College

If you were telling your younger self a piece of advice while beginning to explore this field, what would you say?: Enjoy the ride! Learn the good, the bad and the in between. Everything you'll do will help you become the professional/person you want to be. Don't be afraid of being who you are among people that might try to change you.

What would you say has been your biggest career accomplishment thus far?:Career Wise: working as a Director of Diversity & Social Justice at an institution that embraces similarities and differences and is willing to have open dialogues about it. Professionally: representing the members of the Gender & Sexuality Knowledge Community as one of their national co-chairs.

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[October 26, 2016](#)

Careers in Student Affairs Month-Advice from Max Koskoff

Name: Max Koskoff

Years in the field: 6-10

Graduate school program attended (if applicable): Central Connecticut State University

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: It's not all about the co-curricular experience and being a part of everything. Find select experiences that matter to you. And you still need to leave undergrad with a great GPA, as being SGAPresident only gets you so far.

What would you say has been your biggest career accomplishment thus far?: Being recognized one year as the New Professional for the region.

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[October 25, 2016](#)

Careers in Student Affairs Month-Advice from Shane Long

Name: Shane Long

Title: Director of Residence Life and Student Involvement

Current Institution: Southern Maine Community College

Years in the field: 10-15

Graduate School Program Attended (if applicable): Southern Maine Community College

If you were telling your younger self a piece of advice while beginning to explore this field, what would you say?: Open yourself up to all the possibilities within this field. Don't be too focused on one specific functional area and don't be afraid to work at an institution that may not be like what you are used to.

What would you say has been your biggest career accomplishment thus far?: Helping create a robust student life for a community college campus that previously had little to none.

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Mid/Senior Level Professional Development Ramps Up

By Alison Black, Class Dean at Wellesley College and Mid/Senior Level Coordinator for NASPA Region I

At last year's NASPA Region I conference, Beth Moriarty, Region I Director, facilitated a program entitled "Stuck in the Middle with You." This program was geared towards mid-level professionals who had a lot of experience in the middle but felt stuck for one reason or another. The program attracted a great deal of participation and interest. As a result of that program and the increased interest in professional development opportunities for more seasoned mid-level folks, Beth created a new position on the board for a Mid/Senior Level Coordinator. I was appointed to that position and began my term in March of this year. So what is a Mid/Senior Level professional? Simply put, it's someone who has been in "the middle" for a significant number of years and is seasoned. However, this person may or may not want to move up to a chief student affairs officer position. NASPA has done a great job of serving the needs of CSAOs and in the past two years expanded their efforts to include the "number two" on campus (the person next in line after the CSAO). However, many mid/senior level professionals felt a void in their professional development because they didn't identify as the "number two" but much more seasoned than the average mid-level professional.

My first order of business as the Mid/Senior Level Coordinator was to develop a team of colleagues to serve as a steering committee. There was so much interest in this committee that I had to develop an application process. The committee members are: John Silveria, Suffolk University; Linda Brown, MCPHS; Rachel Lucking, Framingham State University; Kristin Biggins Ridge, Bryant University; and Tony Montalbano, University of New England. The committee has been meeting regularly via conference call since the spring. This dedicated team of professionals has already made a lot of progress during its short time working together. Highlights include:

- We sent out a survey to the NASPA membership in June and asked members who identified as mid/senior level professionals to complete the survey. We received 63 responses and are in the midst of compiling the results.
- We submitted a program proposal to the NASPA Region I Conference and it was accepted. We'll be hosting "(Still) Stuck in the Middle With You" during which we will share the survey results, discuss hot topics of interest and how they relate to our population, and share our efforts for professional development opportunities.
- We sent an email to the region identifying opportunities at the Region I conference of particular relevance to mid/senior level professionals (if you would like a copy of this email please contact me at ablack3@wellesley.edu). Of particular note is that we identified program sessions that we think will be especially useful and interesting for mid/senior level professionals. In this email we provided a list of the programs and their presenters. Other happenings at the conference include: special ribbons for mid/senior level professionals, a separate section at the early bird reception, and a breakfast roundtable discussion.
- We developed a social media presence through a Facebook page (NASPA Region I Mid/Senior Level) and a Twitter hashtag (#NASPA1MSL).

We intend to get feedback from mid/senior level professionals at the conference about what professional development opportunities most interest them. One idea that came up on the survey that we plan to pursue soon is a "buddy program" where two mid/senior level professionals are matched together who don't already know one another. They can develop a collegial relationship and have an objective colleague to help them think through decisions, ideas, dilemmas, etc.

If you identify as a mid/senior level professional and want to get involved in our efforts, please contact any member of the steering committee. Or if you know someone in our region who might be interested, please encourage them to contact us.

Alison Black, MSL Steering Committee Chair, ablack3@wellesley.edu

Linda Brown, Linda.brown@mcphs.edu

Rachel Lucking, rlucking@framingham.edu

Anthony Montalbano, amontalbano@une.edu

Kristin Biggins Ridge, kridge@bryant.edu

John Silveria, jsilveria@suffolk.edu

We look forward to working with you!

Filed under [naspa region 1](#) [naspa higher education mid-level professional development](#)

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Careers in Student Affairs Month-Advice from Colleen Lubin

Name: Colleen Lubin

Title: Associate Director of Student Involvement

Current Institution: Southern New Hampshire University

Years in the Field: 6-10

Graduate School Program Attended (if applicable): UMass Amherst, Higher Education

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: I would tell myself to focus on relationship building within my institution, grad program, and professional associations, etc. Relationships built, past and present, have helped so much as I move forward in my career for advice, job opportunities, development, etc., so I would have liked to focus on that more in the beginning.

What would you say has been your biggest career accomplishment thus far?: The accomplishments I am most proud of are when I have built something from the ground up and I am able to see it come to fruition and even see it prosper and change after moving on to a new role. Leadership programs, speaker series, student funding body.



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[October 20, 2016](#)

Careers in Student Affairs Month-Advice from Peter Fowler

Name: Peter Fowler

Title: Associate Dean of Students

Current Institution: Wentworth Institute of Technology

Years in the Field: 15 or more

Graduate School Program Attended (if applicable): Suffolk University

What would you say has been your biggest career accomplishment thus far?: I'm really proud of the work we've done on campus around diversity and inclusion - sexual orientation, gender identity, religion, race. We want all students to know that we see them and we care about them.



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[October 19, 2016](#)

Careers in Student Affairs Month-Advice from Beth Moriarty

Name: Beth Moriarty

Title: Director of Residence Life and Housing/NASPA Region I Regional Director

Current Institution: Bridgewater State University

Years in the Field: 15 or more

Graduate School Program Attended (if applicable): University of Rhode Island - Master's Johnson & Wales University - Doctorate

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Enjoy the journey - it's not about the next job, the perfect job, the title, etc, it's about the time spent getting there.

What would you say has been your biggest career accomplishment thus far?: Getting my doctorate - especially where I am a 1st generation college student.



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Seeing nominations for Regional Director!

Dear Region I,

It's hard to believe, but it is already time to begin planning to elect our next Region I Director. **We are currently seeking nominations for this position.**

The Regional Director position is a four-year commitment, as follows:

- March 2017 – March 2018: Regional Director – Elect
- March 2018 – March 2020: Regional Director
- March 2020 – March 2021: Past Regional Director

The Regional Director has the following responsibilities:

1. Serve as the regional representative on the NASPA Board of Directors.
2. Coordinate regional activities as an official spokesperson for the Association in the Region.
3. Serve as the official representative of the Association at meetings of other associations in the region, when requested by the Chair or Board of Directors.
4. Inform members and affiliates within the region of activities by regular communications or meetings.
5. Plan and conduct regional activities which are scheduled at the NASPA Annual Conference.
6. Strengthen membership in the Association.
7. Develop, maintain, and participate in succession planning for new Regional Directors.

Please email Melinda Stoops, Coordinator of Nominations and Elections for Region I, at mstoops@framingham.edu for additional information and/or if you are interested in being considered for this position or would like to nominate someone for this position.

Thank you!

Filed under [naspa naspa region 1 student affairs higher education](#)

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Careers in Student Affairs Month-Advice from Danny Anzueto

Name: Danny Anzueto

Title: Assistant Director of Member Engagement and Regional Initiatives

Current Institution: NASPA

Years in the Field: 3-6

Graduate School Program Attended (if applicable): Florida International University

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Take chances and explore other opportunities - try different campuses, jobs you are really passionate about, jobs that will challenge you to grow.

What would you say has been your biggest career accomplishment thus far?: Working for a national association has been pretty awesome, having the opportunity to make an impact on campuses across the country and meet amazing professionals at different schools is incredibly rewarding.

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[October 17, 2016](#)



Careers in Student Affairs Month-Advice from Kelli Connors

Name: Kelli Connors

Title: Assistant Director of Student Involvement and Leadership Development

Current Institution: Emmanuel College

Years in the Field: 3-6

Graduate School Program Attended (if applicable): Suffolk University

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Try it all- don't wait until you are job searching to branch out!

What would you say has been your biggest career accomplishment thus far?: On my first day at EC, our VP/SA told me that I gave one of the top 5 most impressive interviews she has had in her 20+ years in the field. When you are dealing with those imposter nerves, it was good to know that she had faith in me! I took a non-traditional path and couldn't quite feel good enough until this moment in my first job out of school.

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October 14, 2016

Careers in Student Affairs Month-Advice from Meghan Kenney

Name: Meghan Kenney

Title: Assistant Dean, New Student Programming

Current Institution: MIT

Years in the Field: 6-10

Graduate School Program Attended (if applicable): Central Connecticut State University

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Don't only stick to the areas that you were involved with as a student - use grad school and your early career to explore new areas and roles!

What would you say has been your biggest career accomplishment thus far?: Serving as Conference Chair for the NASPA Region I Conference.



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Careers in Student Affairs Month-Advice from Cory Davis

Name: Cory M. Davis

Title: Coordinator of Student Conduct

Current Institution: Keene State College

Years in the field: 3-6

Graduate School Program Attended (if applicable): Salem State University, M. Ed., Higher Education in Student Affairs

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Try to get as much broad experience as possible so that you can explore which areas speak to your talents, which areas are not for you, in order to be as broadly knowledgeable as possible.

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Careers in Student Affairs Month-Advice from Tracy Lake

Name: Tracy Lake

Title: Assistant Dean of Student Affairs-Leadership

Current Institution: University of Saint Joseph, CT

Years in the Field: 15 or more

Graduate School Program Attended (if applicable): CCSU counseling in Higher Ed

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Find a mentor and ask more questions

What would you say has been your biggest career accomplishment thus far?: Helping students decide not to quit



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Careers in Student Affairs Month-Advice from Connie Cabello

Name: Connie Cabello

Title: Director of Intercultural Affairs

Current Institution: Stonehill College

Years in the Field: 6-10

Graduate School Program Attended (if applicable): Central Connecticut State University

If you were telling your younger self a piece of advice, while beginning to explore this field, what would you say?: Find strong mentors AND sponsors! Know your boundaries, and make them clear!

What would you say has been your biggest career accomplishment thus far?: Enrolling in a doctoral program



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