

2020 NASPA Well-being and Health Promotion Leadership Conference

A NASPA STRATEGIES CONFERENCE

2020 Well-being and Health Promotion Leadership Conference Committee

 <p>Nikki Brauer, M.S., CWPM, COEE</p>	<p>Nikki Brauer, M.S., CWPM, has spent her 26 year career at Illinois State University holding roles with the School of Kinesiology and Recreation as an Assistant Instructional Professor, Faculty-Staff Wellness Program, and as Director of Health Promotion and Wellness for the past 10 years. Nikki is honored to lead a talented team whose work is influencing a campus culture of well-being for those who live, learn, and work at Illinois State.</p>
 <p>Nancy J. Chase, M. Ed., ICPS</p>	<p>Nancy J. Chase, M. Ed., serves as the Director of Student Wellness and Health Promotion at the University of Delaware. Nancy has been serving in the field of college health promotion for over 24 years. She has been a leader at the University of Delaware in the establishment of robust prevention initiatives addressing both alcohol misuse and sexual misconduct, and these achievements have been recognized nationally in the past two consecutive years through the <i>Everfi Impact Awards</i> program.</p>
 <p>Chris Dawe</p>	<p>Chris Dawe serves as the Director of Recreation & Wellness at the Northern Illinois University. Additionally, Chris serves as a Principle with Strategic Healthy Impacts. He works and consults with the lens of an upstream health care specialist. Chris has been a NIRSA leader in a number of capacities including as a member of the Board of Directors.</p>
 <p>Mary Jo Desprez, MA</p>	<p>Mary Jo Desprez, MA, serves as the Director of Wolverine Wellness at the University of Michigan. Mary Jo has worked in the field of college health/ wellness for 30+ years. She serves as the Co-Chair for the Health and Wellness Collect Impact initiative; and on the lead team for the U-M Student Life Diversity, Equity and Inclusion Strategic Plan. She is also a member of the Motivational Interviewing Network of Trainers.</p>
 <p>Julie Edwards, MHA</p>	<p>Julie Edwards, MHA, serves as the Director of Health Promotion and Wellness at the University of Chicago where she leads well-being initiatives on campus. She recently conducted a Campus Health Needs Assessment (CHNA) to identify the needs of UChicago students and is in the process of developing a campus-wide action plan to address those areas. Julie has over 20 years' experience working with diverse communities to improve the quality of life of people they serve.</p>
 <p>Shawnté Elbert, EdD, MCHES, CHWC</p>	<p>Shawnté Elbert, EdD, MCHES, CHWC, serves as the Associate Dean of Health & Wellness at Central Washington University. Shawnté has worked in higher education for over thirteen years and has dedicated her time to improving the health and wellness of the campus community. In her current role, she leads a team of extraordinary professionals at the Student Medical Clinic, Counseling Services, Wellness Center, Disability Services, and the Recreation Center.</p>
 <p>Doug Everhart, MA, MPH, CHES</p>	<p>Doug Everhart, MA, serves as the Director of the Center for Student Wellness & Health Promotion at the University of California, Irvine. Doug has nearly 30 years of experience working in substance abuse prevention/education, peer education, and building comprehensive health education programs. His former institutions include University of California, Riverside as well as the University of Redlands. Doug has also been a longtime volunteer for NCAA and the former BACCHUS Network.</p>
 <p>Malika Isler Roman, PhD, MPH</p>	<p>Malika Isler Roman, PhD, MPH, serves as the Director of Wellbeing at Wake Forest University. Dr. Roman Isler is a social scientist with a background in public health, and leads the university's comprehensive approach to wellbeing for students, faculty, and staff. She oversees processes to integrate research and programming, development of health and wellbeing programs and interventions, develops strategic plans that guide health and wellbeing initiatives, and defines assessment tools to ensure research and program effectiveness.</p>
 <p>James Larcus, MA</p>	<p>James Larcus, MA, serves as the Project Manager for Strategic Initiatives at the Health and Counseling Center at the University of Denver. In this role, he supports holistic well-being initiatives across the Division of Campus Life and Inclusive Excellence. Prior to DU, James worked with the Wellness Coaching program at Ohio State.</p>
 <p>Karen S. Moses, Ed.D., R.D., CHES</p>	<p>Karen Moses, Ed.D., R.D., CHES, serves as the Director of ASU Wellness and Health Promotion at Arizona State University. Dr. Moses has provided leadership in health promotion initiatives, programs and services at Arizona State University for over 30 years. She is dedicated to improving health and reducing risks to support college student success now and in their future lives. She served as the inaugural chair of the NASPA Health Promotion in Higher Education Knowledge Community, and was the co-chair of the planning committee for the first NASPA Well-being and Health Promotion Leadership Conference.</p>
 <p>Eric Smith, Ph.D., MA</p>	<p>Eric Smith, Ph.D., MA, serves as the Director of Health Promotion and Wellness Services in the Division of Student Affairs at Auburn University. Under Eric's leadership, the Health Promotion and Wellness Services office has developed a comprehensive set of programs to nurture wellbeing on Auburn's campus. Eric's efforts help Auburn University students cultivate habits of self-care, intentionally positive decision-making and behaviors, and care for others that will serve them throughout their lives.</p>
 <p>Paula Swinford, MS, MHA, CHES</p>	<p>Paula Swinford, MS, MHA, CHES, serves as the Director of the Office for Health Promotion Strategy at the University of Southern California. Her professional interests include complex systems modeling, interspecies communication, regenerative sustainability, big data, and the international practice of a settings approach to health promotion. As a foundational and transformative leader, Swinford specializes in data-driven decision making, restorative practice in the higher education setting, creative leadership, and the disruption of assumptions about what creates health and well-being in adult learning settings with a humorist approach.</p>
 <p>Brittany L. Todd, M. Ed.</p>	<p>Brittany Todd, M. Ed., currently serves at the Director of Risk Intervention and Safety Education (RISE) at Texas Tech University and has previously held positions in student conduct and residence life. Brittany, an Alabama native, holds a Bachelor's degree in Finance from The University of Alabama, a Master's degree in Higher Education from Auburn University and is a doctoral candidate in Higher Education at Auburn University. Brittany extremely passionate about prevention education and believes strongly that holistic well-being plays a significant role in college success.</p>
 <p>Delynn Wilcox, PhD, MPH, CHES</p>	<p>Delynn Wilcox, PhD, MPH, CHES, serves as the assistant director of health promotion and wellness at the University of Alabama. Delynn joined the Student Health Center and Pharmacy Department of Health Promotion and Wellness team in 2000. She holds a BS Ed with a minor in human development from the University of Alabama, an MPH with a concentration in community health from East Stroudsburg University, and a PhD from the University of Alabama with a concentration in higher education administration.</p>